



TRIENNIAL WELLNESS ASSESSMENT RESULTS 2023

POLICY COMPLIANCE RESULTS

- ★ Policy adheres to the USDA School Wellness Policy requirements
- ★ The Superintendent is a member of the District Wellness Committee (DWC) and facilitates updates to the policy and ensures compliance
- ★ Members of the DWC are community members and staff who bring their experience and perspectives to policy review and updates.

WELLNESS POLICY GOALS

- ★ Promote healthy eating through the Fresh Fruits & Vegetable Program (FFVP), Nebraska Thursdays, and the Local Indigenous Foods Training (LIFT) Project
- ★ All District elementary students in each grade will receive physical education for at least 60-89 minutes per week throughout the school year.
- ★ Implement K-8 SEL program; Second Step

KEY ACHIEVEMENTS

- ★ Implemented activities to promote student wellness: AllStars, Second Step, Health & Fitness Day.
- ★ Promoted locally sourced foods through Farm to School, LIFT, and FFVP programs.
- ★ Completed the triennial assessment and shared results.
- ★ Expanded SWS Committee to include a student representative and local law enforcement.

SAFETY, WELLNESS, & SECURITY COMMITTEE

Marie Parker	Sharon Lease
Evelyn Browne	Sonja Lind
Kelly Rundell	David Hellman
Charles Jones	Brandon Avila
Bill Gifford	Zane Hopkins
Tod Wenger	
Makynna Boettcher	



Wellness Policy can be found on our website at: www.bcswildcats.org



For more information contact:
Dr. Evelyn Browne at
evelyn.browne@bcswildcats.org

WELLNESS METRICS:

AREA 1- NUTRITION EDUCATION



AREA 2 - NUTRITION PROMOTION



AREA 3 - PHYSICAL ACTIVITY



AREA 4 - ACTIVITIES THAT PROMOTE STUDENT WELLNESS

